

#### Summer Classes & Camps 2024

#### Summer Weekly Classes for ages 2-9!

## Session 1 (June) and Session 2 (July)

#### **REGISTER HERE!**

Age	Class Name	Class Type	Day/Time	Length
2-3	Baby Take a Bow/Dance with Me	Dancers learn basic stretching and gross motor skills through music and props	Mon 5:30 pm	30 min
	Preschool Summer Sampler	Ballet, jazz, tap	Mon 6:00 pm	30 min
3-5	Preschool Hippity Hop	Basic Hip Hop,great add on to summer sampler	Mon 6:30 pm	30 min
	Tiny Tumblers	Beginning Tumbling	Tue 5:30 pm	30 min
	Little Monkeys	Silks & Circus	Tue 6:00 pm	30 min
	Dancin Kids Hip Hop	Basic hip hop, great add on to summer sampler	Mon 4:00 pm	30 min
6-9	Dancing Kids Summer Sampler	Ballet, jazz, tap	Mon 4:30 pm	1 hr
	Beginner/Intermediate Tumbling	Basic tumbling skills such as cartwheels, bridges, handstands, walkovers, handsprings & aerials	Tue 4:30 pm	1 hr

June Session 1, July Session 2 \$41 (30 min) \$56 (1 hour) \$81 (2 hour)

July 1-5 no classes

## Weekly Accelerated training and technique classes

# Session 1 (June), Session 2 (July) and Session 3 (August)

Age	Class Name	Class Type	Day/Time	Length
4+	Beginner Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 3:00	1 hr
5+	Level 1 & 2 Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 4:00 pm	1.5 hr
By placement	Level 3 Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 4:30 pm	2 hr
By placement	Level 4 Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 6:00 pm	2 hr
6+	Beginner/Intermediate Tumbling	Basic tumbling skills such as cartwheels, bridges, handstands, walkovers, handsprings & aerials	Tue 4:30 pm	1 hr
8+	Master Class	Various DXP staff and guests teach challenging combos for a master class. Styles vary	Tue 4:30 pm	1 hr



## Summer Classes & Camps 2024

Age	Class Name	Class Type	Day/Time	Length
8+	Workout for Dancers	Work on cardio, and strength building exercises.	Tue 5:30 pm	30 min
8+	Improv	Dancers learn to move without choreography	Tue 6 pm	30 min
By placement	Intermediate +/Advanced Tumbling	Advanced skills such as handsprings, aerials & more	Tue 6:30 pm	1 hr
8+	Student Master Class	Led by advanced student choreographers.	Tue 7:30 pm	1 hr
By readiness	PBT Ballet	Progressive	Wed 3:00 pm	1 hr
6+	Building Ballet/Ballet 1	Graded Ballet technique	Wed 4:00 pm	1 hr
Open	Beg/Int Turns	Ballet Beg/Int Turns	Wed 5:00 pm	30 min
Open	Pre Pointe	Introduction to Pointe	Wed 5:30 pm	30 min
	Ballet 2/3	Graded Ballet Technique	Wed 6:00 pm	1 hr
By placement	Turns Int/Avd	By invite	Wed 7:00 pm	30 min
	Ballet 3+/4	Graded Ballet Technique	Wed 7:30 pm	1 hr
	Pointe	By invite	Wed 8:30 pm	30 min

June Session 1, July Session 2, August Session 3 \$41 (30 min) \$56 (1 hour) \$81 (2 hour) July 1-5 no classes

### Weekly Adult Classes

#### **REGISTER HERE**

Age	Class Name	Class Type	Day/Time	Length
12+	Yoga	Basic Vinyasa & Hatha Style Yoga	Mon & Wed 8:30-9:30 am	1 hr
18+	Ballroom	For all ability levels basics of Ballroom dance	Wed 6:30	30 min
18+	Jazz/Hip Hop	For all ability levels basics of Jazz & Hip Hop	Wed 7:00	1 hr
18+	Тар	For all ability levels basics of tap	Wed 8:00	30 min

(non dancers & parents, drop ins welcome) Punch cards or \$41 (30 min) \$56 (1 hour) \$81 (2 hour)



#### Summer Classes & Camps 2024

## Summer Camps <u>REGISTER HERE!</u>

CAMP	FROZEN	Bluey	NINJA	CAMP
BARBIE	FUN	Adventures	Tumbling	SQUISHMALLOW
	Y Con	BLUEY DANCE MODE		
June 12	June 26	July 17	July 24	Aug 7
5-6:30	5-6:30	5-6:30	5-6:30	5-6:30

Dress for a theme\*Learn a Dance\*Crafts\*Perform for Parents & More! \$25

Age	Name of Event	Class Type	Days/Times	Length/cost	
Age 3+	Camp Barbie	Come dressed as your favorite Barbie. Camp includes singing, snacks, crafts, performance for parents & more	<b>June 12</b> 5:00-6:30 pm	1 day mini camp \$25	
Age 3+	Frozen Fun	This camp includes dancing, singing, snacks ,crafts and a special guest appearance.	<b>June 26</b> 5:00-6:30 pm	1 day mini camp \$25	
Age 3+	Bluey Adventure	Come dressed in your favorite dance outfit. Camp includes dancing, singing, snacks, crafts, performance for parents & more	July 17 5:00-6:30	1 day mini camp \$25	
Age 3+	Ninja Tumbling	Back by popular demand, Learn the best Ninja moves! Campers will have snacks, crafts and put on a show at the end of camp!	<b>July 24</b> 5:00-6:30 pm	1 day mini camp \$25	
Ages 3+	Camp Squishmallows	Bring your favorite Squishmallow. Camp includes singing, snacks, crafts, performance for parents & more	Aug 7 5-6:30 pm	1 day mini camp \$25	



July 8-11 9 am - 12 pm Age 3+ 4 day camp!I Step into a world of sweetness and wonder with our enchanting Candyland-themed dance and tumbling lessons, specially designed for children ages 3 to 9 years old! 4 days 3 hours each day \$150



## Intensives & Workshops REGISTER HERE!

Age	Name of Event/ link to register	Class Type	Days/Times	Length
Building Ballet/Ballet 1 Ballet 2/3 Ballet 4 Pointe	Ballet Intensive	An intensive Ballet training, focused on Ballet Technique with Miss Cathy	June 24-27 10-11 am (B1) 11-12 pm(2/3) 12-1:30 pm(4) 1:30-2:00 pm (P)	1-1.5 hr per day
Beginner Intermediate Advanced	Tumbling intensive	This tumbling focused intensive coincides with the Ballet Intensive.	<b>June 24-27</b> 10-11 am (Int/Adv) 11-12 pm(Int/Beg)	1 hr per day
Level 1 Level 2 Level 3 Level 4	Technique Workshop	Lyrical, Jazz, Tap & Hip Hop	<b>July 15-17</b> 9-11 am (1) 9-12 pm (2) 11-3 (3 & 4)	2-4 hours per day

## PRIVATE LESSON BOOK PRIVATE LESSON HERE

A private lesson allows us to work one-on-one with you to achieve your goals at your own pace and with the privacy that some prefer.

# MENTOR LESSON BOOK MENTOR LESSON HERE

Dance Express is excited to offer the opportunity for our younger dancers to be MENTORED by the talented dancers at Dance Express. As a mentee, you will have the opportunity to develop a relationship with an experienced DXP dancer who can help you work on skills that you are currently learning in the classroom. The Mentor program is only available to dancers enrolled in TECHNIQUE CLASSES.

Summer Dance Attire: Dancers may wear comfortable clothing such as shorts, dance tops, leotards, sports bras, your choice of style and color. Dancers should not wear tights for any tumbling based class, including silks for ease of spotting. Ballet attire is required for all ballet classes & intensives.

For a complete description of all classes, camps and workshops please visit this link



# **Auditions**

Age	Name of Event/ link to register	Class Type	Days/Times	Length	Cost
Build Ballet &1 3:30-4:30 Ballet 2 4:30-5:30 Ballet 3 5:30-6:30 Ballet 4 6:30-7:30	Graded Ballet Assessments	Ballet	May 23	1 hr	FREE!
4-7 Our youngest team!	<u>Auditions</u>	Performing Kids Local performances and meet new friends!	May 27 Monday 5:30	30 min	FREE!
K-5th grade 4:00-4:30 pm 6-8th grade 4:30-5:30 pm 9-12th grade 5:30-6:30 pm Additional Solo Audition: 6:30-7:00 pm		Solos	May 29 Wednesday 4-7	1 hr	FREE!
*Petites (K-2nd) *Juniors (3rd-5th) *Teens (6th-8th) *Seniors (9th & up)		Rec Teams (1 competition) & Competitive Line (3 competitions) Lyrical, Jazz, Tap & Hip Hop	July 18/19 9-11 pm(P& Jr)) 11-1 pm(T & S)	2 hours per day	\$50 (includes yearly team fee)
JIC	<u>Auditions</u>	Junior Training Company	July 18/19 1-3	2 hours per day	FREE!
ATC	<u>Auditions</u>	Advanced Training Company	July 18/19 3-5	2 hours per day	FREE!

\*Summer Requirements-click here for more info