

#### Summer Classes & Camps 2024

#### Summer Weekly Classes for ages 2-9!

## Session 1 (June) and Session 2 (July)

#### **REGISTER HERE!**

Age	Class Name	Class Type	Day/Time	Length
2-3	Baby Take a Bow/Dance with Me	Dancers learn basic stretching and gross motor skills through music and props	Mon 5:30 pm	30 min
	Preschool Summer Sampler	Ballet, jazz, tap	Mon 6:00 pm	30 min
3-5	Preschool Hippity Hop	Basic Hip Hop,great add on to summer sampler	Mon 6:30 pm	30 min
	Tiny Tumblers	Beginning Tumbling	Tue 5:30 pm	30 min
	Little Monkeys	Silks & Circus	Tue 6:00 pm	30 min
	Dancin Kids Hip Hop	Basic hip hop, great add on to summer sampler	Mon 4:00 pm	30 min
6-9	Dancing Kids Summer Sampler	Ballet, jazz, tap	Mon 4:30 pm	1 hr
	Beginner/Intermediate Tumbling	Basic tumbling skills such as cartwheels, bridges, handstands, walkovers, handsprings & aerials	Tue 4:30 pm	1 hr

June Session 1, July Session 2 \$41 (30 min) \$56 (1 hour) \$81 (2 hour)

July 1-5 no classes

### Weekly Accelerated training and technique classes

# Session 1 (June), Session 2 (July) and Session 3 (August)

Age	Class Name	Class Type	Day/Time	Length
4+	Beginner Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 3:00	1 hr
5+	Level 1 & 2 Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 4:00 pm	1.5 hr
By placement	Level 3 Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 4:30 pm	2 hr
By placement	Level 4 Technique	Dancers work on Jazz and Lyrical, Hip Hop and Tap technique	Mon 6:00 pm	2 hr
6+	Beginner/Intermediate Tumbling	Basic tumbling skills such as cartwheels, bridges, handstands, walkovers, handsprings & aerials	Tue 4:30 pm	1 hr
8+	Master Class	Various DXP staff and guests teach challenging combos for a master class. Styles vary	Tue 4:30 pm	1 hr



### Summer Classes & Camps 2024

Age	Class Name	Class Type	Day/Time	Length
8+	Workout for Dancers	Work on cardio, and strength building exercises.	Tue 5:30 pm	30 min
8+	Improv	Dancers learn to move without choreography	Tue 6 pm	30 min
By placement	Intermediate +/Advanced Tumbling	Advanced skills such as handsprings, aerials & more	Tue 6:30 pm	1 hr
8+	Student Master Class	Led by advanced student choreographers.	Tue 7:30 pm	1 hr
By readiness	PBT Ballet	Progressive	Wed 3:00 pm	1 hr
6+	Building Ballet/Ballet 1	Graded Ballet technique	Wed 4:00 pm	1 hr
Open	Beg/Int Turns	Ballet Beg/Int Turns	Wed 5:00 pm	30 min
Open	Pre Pointe	Introduction to Pointe	Wed 5:30 pm	30 min
	Ballet 2/3	Graded Ballet Technique	Wed 6:00 pm	1 hr
By	Turns Int/Avd	By invite	Wed 7:00 pm	30 min
placement	Ballet 3+/4	Graded Ballet Technique	Wed 7:30 pm	1 hr
	Pointe	By invite	Wed 8:30 pm	30 min

June Session 1, July Session 2, August Session 3 \$41 (30 min) \$56 (1 hour) \$81 (2 hour) July 1-5 no classes

### Weekly Adult Classes

#### **REGISTER HERE**

Age	Class Name	Class Type	Day/Time	Length
12+	Yoga	Basic Vinyasa & Hatha Style Yoga	Mon & Wed 8:30-9:30 am	1 hr
18+	Ballroom	For all ability levels basics of Ballroom dance	Wed 6:30	30 min
18+	Jazz/Hip Hop	For all ability levels basics of Jazz & Hip Hop	Wed 7:00	1 hr
18+	Тар	For all ability levels basics of tap	Wed 8:00	30 min

(non dancers & parents, drop ins welcome) Punch cards or \$41 (30 min) \$56 (1 hour) \$81 (2 hour)



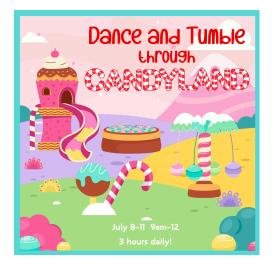
#### Summer Classes & Camps 2024

### Summer Camps <u>REGISTER HERE!</u>

CAMP	FROZEN	Bluey	NINJA	CAMP
BARBIE	FUN	Adventures	Tumbling	SQUISHMALLOW
	Y Con	BLUEY DANCE MODE		
June 12	June 26	July 17	July 24	Aug 7
5-6:30	5-6:30	5-6:30	5-6:30	5-6:30

Dress for a theme\*Learn a Dance\*Crafts\*Perform for Parents & More! \$25

Age	Name of Event	Class Type	Days/Times	Length/cost
Age 3+	Camp Barbie	Come dressed as your favorite Barbie. Camp includes singing, snacks, crafts, performance for parents & more	<b>June 12</b> 5:00-6:30 pm	1 day mini camp \$25
Age 3+	Frozen Fun	This camp includes dancing, singing, snacks ,crafts and a special guest appearance.	<b>June 26</b> 5:00-6:30 pm	1 day mini camp \$25
Age 3+	Bluey Adventure	Come dressed in your favorite dance outfit. Camp includes dancing, singing, snacks, crafts, performance for parents & more	July 17 5:00-6:30	1 day mini camp \$25
Age 3+	Ninja Tumbling	Back by popular demand, Learn the best Ninja moves! Campers will have snacks, crafts and put on a show at the end of camp!	<b>July 24</b> 5:00-6:30 pm	1 day mini camp \$25
Ages 3+	Camp Squishmallows	Bring your favorite Squishmallow. Camp includes singing, snacks, crafts, performance for parents & more	Aug 7 5-6:30 pm	1 day mini camp \$25



July 8-11 9 am - 12 pm Age 3+ 4 day camp!I Step into a world of sweetness and wonder with our enchanting Candyland-themed dance and tumbling lessons, specially designed for children ages 3 to 9 years old! 4 days 3 hours each day \$150



### Intensives & Workshops REGISTER HERE!

Age	Name of Event/ link to register	Class Type	Days/Times	Length
Building Ballet/Ballet 1 Ballet 2/3 Ballet 4 Pointe	Ballet Intensive	An intensive Ballet training, focused on Ballet Technique with Miss Cathy	June 24-27 10-11 am (B1) 11-12 pm(2/3) 12-1:30 pm(4) 1:30-2:00 pm (P)	1-1.5 hr per day
Beginner Intermediate Advanced	Tumbling intensive	This tumbling focused intensive coincides with the Ballet Intensive.	<b>June 24-27</b> 10-11 am (Int/Adv) 11-12 pm(Int/Beg)	1 hr per day
Level 1 Level 2 Level 3 Level 4	Technique Workshop	Lyrical, Jazz, Tap & Hip Hop	<b>July 15-17</b> 9-11 am (1) 9-12 pm (2) 11-3 (3 & 4)	2-4 hours per day

# PRIVATE LESSON BOOK PRIVATE LESSON HERE

A private lesson allows us to work one-on-one with you to achieve your goals at your own pace and with the privacy that some prefer.

# MENTOR LESSON BOOK MENTOR LESSON HERE

Dance Express is excited to offer the opportunity for our younger dancers to be MENTORED by the talented dancers at Dance Express. As a mentee, you will have the opportunity to develop a relationship with an experienced DXP dancer who can help you work on skills that you are currently learning in the classroom. The Mentor program is only available to dancers enrolled in TECHNIQUE CLASSES.

Summer Dance Attire: Dancers may wear comfortable clothing such as shorts, dance tops, leotards, sports bras, your choice of style and color. Dancers should not wear tights for any tumbling based class, including silks for ease of spotting. Ballet attire is required for all ballet classes & intensives.

For a complete description of all classes, camps and workshops please visit this link



# **Auditions**

Age	Name of Event/ link to register	Class Type	Days/Times	Length	Cost
Build Ballet &1 3:30-4:30 Ballet 2 4:30-5:30 Ballet 3 5:30-6:30 Ballet 4 6:30-7:30	Graded Ballet Assessments	Ballet	May 23	1 hr	FREE!
4-7 Our youngest team!	<u>Auditions</u>	Performing Kids Local performances and meet new friends!	May 27 Monday 5:30	30 min	FREE!
K-5th grade 4:00-4:30 pm 6-8th grade 4:30-5:30 pm 9-12th grade 5:30-6:30 pm Additional Solo Audition: 6:30-7:00 pm	<u>Auditions</u>	Solos	May 29 Thursday 4-7	1 hr	FREE!
*Petites (K-2nd) *Juniors (3rd-5th) *Teens (6th-8th) *Seniors (9th & up)	<u>Auditions</u>	Rec Teams (1 competition) & Competitive Line (3 competitions) Lyrical, Jazz, Tap & Hip Hop	July 18/19 9-11 pm(P& Jr)) 11-1 pm(T & S)	2 hours per day	\$50 (includes yearly team fee)
ЛС	<u>Auditions</u>	Junior Training Company	July 18/19 1-3	2 hours per day	FREE!
ATC	<u>Auditions</u>	Advanced Training Company	July 18/19 3-5	2 hours per day	FREE!

\*Summer Requirements-click here for more info



<b>Special Needs</b>	& Adaptive Dan	REGISTER HERE!
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Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Darby's Dancers (K-12)	Jazz	Sat 9:30 am	30 min
Everybody Dance Now-Adult	Jazz/Hip Hop	Times Vary-special Olympics	30 min
Everybody Dance Now-Youth	Jazz, Lyrical, Tap	Times Vary-special Olympics	30 min

## 18 Months - 5 yrs REGISTER HERE!

Class Name (Ages by Sep. 1)	Class Type	Class Start Time	Length
Wiggle Wednesday	Creative Movement	First Wed of the Month 10:30 am	30 min
Dance with Me! (18 mo & up)	Creative Movement	Mon 4:30 pm	30 min
Baby Take a Bow (2 yrs)	Creative Movement	Wed 4pm / Wed 6pm	30 min
Tutus & Bowties (3 yrs)	Ballet	Mon 3:30pm/ Thr 5pm	30 min
Broadway Babies (3-5 yrs)	Musical Theater	Mon 5:30	30 min
Tiny Tappers (4 yrs)	Тар	Wed 4:30/ Thu 5:30pm	30 min
Tippy Toes (4 yrs)	Ballet	Tue 6pm/Wed 5pm/ Thr 6pm or	30 min
Hippity Hop (4 yrs)	Нір Нор	Mon 5pm/Wed 4pm	30 min
Tiny Tumblers (3 yrs & up)	Gymnastic	Thu 5:30pm	30 min
Little Monkeys (3-4-5 years old)	Cirque	Thu 5:00 pm	30 min

# Kindergarten to 2nd Grade REGISTER HERE!

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Dancin Kids Ballet (K Gr.)	Ballet	Wed 5pm	30 min
Dancin Kids Tap Kindergarten (K Gr.)	Tap	Mon 6pm/ Wed 3:30 pm	30 min
Dancin Kids Jazz Kindergarten (K Gr.)	Jazz	Mon 6:30 pm/ Wed 4pm	30 min
Dancin Kids Hip-Hop Kindergarten (K Gr.)	Нір-Нор	Wed 4:30 pm	30 min
Dancin Kids Ballet (1-2 Gr.)	Ballet	Wed 5pm	30 min
Dancin Kids Tap 1-2 Grade (1-2 Gr)	Tap	Wed 3:30pm/ Wed 6pm	30 min
Dancin Kids Jazz 1-2 Grade (1-2 Gr)	Jazz	Wed 4pm/ Wed 6:30pm	30 min
Dancin Kids Hip-Hop 1-2 Grade (1-2 Gr)	Нір-Нор	Wed 5:30pm	30 min
Beginning Lyrical (1-4 Gr)	Lyrical	Wed 7 pm	30 min
Musical Theater (K-6 Gr)	Musical Theater	Wed 7 pm	30 min
Tiny Tumblers (3 yrs & up)	Gymnastic	Thu 5:30 pm	30 min
Beginning Tumbling	Gymnastic	Tue 4 pm	60 min
Intermediate Tumbling (K-6 Gr)	Gymnastic	Thu. 7 pm	1 hr
Boys Hip-Hop (K-6 Gr)	Нір-Нор	Wed 5:30 pm	30 min
Dance Cirque (6 & up)	Cirque	Thu 6 pm	1 hr



# 3rd to 4th Grade **<u>REGISTER HERE!</u>**

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Dancin Kids Hip-Hop 3-4 Grade (3-4 Gr.)	Нір-Нор	Wed 5:30 pm	30 min
Dancin Kids Tap 3-4 Grade (3-4 Gr.)	Tap	Wed 6 pm	30 min
Dancin Kids Jazz 3-4 Grade (3-4 Gr.)	Jazz	Wed 6:30 pm	30 min
Beginning Lyrical (1-4 Gr.)	Lyrical	Wed 7 pm	30 min
Musical Theater (K-6 Gr.)	Musical Theater	Wed 7 pm	30 min
Intermediate Tumbling (K-6 Gr.)	Gymnastic	Thu. 7 pm	1 hr
Advanced Tumbling (4-12 Gr.)	Gymnastic	Fri 6 pm	1 hr
Boys Only Hip-Hop (K-6 Gr.)	Нір-Нор	Wed 5:30 pm	30 min
Dance Cirque (6 & up)	Cirque	Thu 6	1 hr

### 5th Grade & Up **REGISTER HERE!**

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Accelerated Rec Hip Hop	Нір-Нор	Thur 6:30 pm	30 min
Accelerated Rec Jazz/Lyrical	Jazz/Lyrical	Thur 7pm	1 hr
Dance Cirque (by level)	Cirque	Thu 6 pm	1 hr

## Adult Classes **<u>REGISTER HERE!</u>**

Class Name	Class Type	Class Start Time	Length
Adult Hip Hop & Jazz	Hip-Hop/Jazz	*6 week session (Wed 7-8)	1 hr
Adult Tap	Tap	*6 week session (Wed 8-8:30)	30 min
Yoga	Yoga	Mon/Wed 8:30-9:30 am	1 hr

### \*Six week Session Dates (coming in October) <u>REGISTER HERE!</u>

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Class Time
Broadway Babies (3-5 yrs)	Musical Theater		Mon 5:30
Mini Sparkle Squad Pom Class!	Pom		Thu 4:30
Tippy Toes (4 yrs)	Ballet		Tue 6
Little Monkeys (3-4-5 years old)	Cirque		Thu 5
Nutcracker Mini Camp	Ballet		Tue 5:30
Adult Hip Hop & Jazz	Hip-Hop/Jazz		Wed 7-8
Adult Tap	Тар		Wed 8



### Graded Ballet & Pointe Classes REGISTER HERE!

Level	Grade	Class Start Time	Length	Placement
Dancin Kids Ballet	K Gr.	Wed 5 pm	30 min	Non-Production Ballet Class
Dancin Kids Ballet	1-2 Gr.	Wed 5 pm	30 min	Non-Froduction Baller Class
Building Ballet*	К&ир	Sat 9 am		These are Graded Ballet Classes.*
Ballet Level 1*	By invite	Sat 11 am	1 hr	Be a part of Ballet Production.
Ballet Level 2*	By invite	Thu 4 pm		Levels are loosely based on grades, but most importantly, skill. The
Ballet Level 3*	By invite	Thu 5 pm	1.5 km	instructor will determine the
Ballet Level 4*	By invite	Thu 7:15 pm	1.5 hr	placement.
PBT	By invite	Wed 4:30 pm	1 hr	Progressive Ballet Technique
Pre-Pointe	By invite	Wed.3:45 pm	45 min	The class is designed for students
Pointe	By invite	Thu 8:45 pm	45 min	who have trained ballet previously.

\*All Graded Ballet classes will be a part of our BALLET PRODUCTION which is featured in all our Spring Recitals.

### Graded Technique REGISTER HERE

Level	Grade	<b>Class Start Time</b>	Length	Placement
Level 1	K-2 Gr.	Sat 10 am		These are Graded Classes.
Level 2	3-5 Gr.	Sat 12 pm	1 hr	Levels are loosely based on grades,
Level 3	6-8 Gr.	Sat 11am		but most importantly, skill. The instructor will determine the
Level 4	9-12 Gr.	Thu 6 pm		placement.

### Gymnastic for Dance **<u>REGISTER HERE!</u>**

Class Name (Ages by Sep. 1)	Class Type	Class Start Time	Length
Tiny Tumblers (3 yrs & up)	Gymnastic	Thu. 5:30 pm	30 min
Beginning Tumbling	Gymnastics	Tue. 4 pm	1 hr
Intermediate Tumbling (K-12 Gr.)	Gymnastic	Thu. 7 pm	1 hr
Advanced Tumbling (3-12 Gr.)	Gymnastic	Fri 6 pm	1 hr

### Additional Training **REGISTER HERE!**

Additional Ballet Training BB, Ballet 1 & 2	By invite	Wed 6:30pm	1 hr
Advanced Ballet	By invite	Wed 5:30	1 hr
PBT	By invite	Wed 4:30 pm	1 hr
Training Company Tech 1	By invite	Mon 6:30pm	1 hr
Training Company Tech 2	By Invite	Sat 9am	1 hr
Collegiate Prep	By invite	Tue 7:30pm	1 hr