

# DXP

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## DANCE EXPRESS

### STUDIO INFO KIT



# CONTACT US!



2105 N Broad Ct  
Mankato, MN 56001

## Office Hours

3:30-7:00 pm (Mon-Thu)

Fri, Sat & Sun: Closed (by appointment)

Phone: 507.625.3865



Email: [info@danceexpressmankato.com](mailto:info@danceexpressmankato.com)

Website: [www.danceexpressmankato.com](http://www.danceexpressmankato.com)

# STAY INFORMED!

Message Center: <https://danceexpress.teamapp.com>

(This is the best way to be informed!)



The Dance Express TeamApp has it all!  
Events, Newsletters, class music,  
announcements, weather closures,  
account links and MORE!

**MAIN STUDIO**  
(studios a,b,c)

2105 N Broad Ct  
Mankato  
(off of Good Council Dr)



2 great locations

**DXP DANCE & FITNESS**  
studios d & e

110 W Dukes St  
Mankato  
(behind Napa Auto)

# HOW TO CHOOSE THE RIGHT CLASS

Dance Express has a variety of classes with different styles, interests and genres for all ages and abilities.

We have everything on our schedule from 1 day events, 6 week classes, and our most popular Sept-May program.

Visit our website to see classes we offer.

If you need an explanation of what each class entails or to help you decide which is best for your child, call or email us and let us know how we can serve you!

[Link to CLASSES INFORMATION](#)

[Link to TODDLER DANCE - What to expect](#)

[Link to TRIAL CLASSES](#)

## HOW TO ENROLL

Visit our website

[www.danceexpressmankato.com/enroll](http://www.danceexpressmankato.com/enroll)

Classes are filled first come, first serve and often sell out!

Contact us today to enroll.

Or CALL! Donna, will be happy to assist you in registration

507-625-3865



# A quick look into our policies

## Monthly Tuition & Discounts

The more classes you take the greater the discount per class.

Monthly Tuition

Hours/Week

0.5 \$41, 1.0 \$56, 1.5 \$81, 2.0 \$100

\*Our dedicated dancers receive up to 60% OFF their scheduled classes.

\*\*Discounts Siblings receive a 5% discount on the smaller account.

The membership fee is a “per family” charge of \$40.

## Dress Code

Our dress code allows for your personal style to reflect. For many of our classes a simple leotard and tights and appropriate shoes are all that is required. Boys wear comfortable sweat pants and t-shirt.

A complete list is provided upon final enrollment of what is required for each class. A complete line of dance attire, tights and dance shoes are available in our DXP Shop.

## Important Dates

Sept - May Season Classes begin in the first week of September and  
Recitals are held in May

Summer Classes begin in the first week of June and end in August

Closure Dates: Thanksgiving, Winter & Spring Breaks

Note: A full "Key Dates" Calendar is provided upon enrollment.

## Handbook

Additional policies will be emailed to you via our handbook after enrollment. Questions? Contact us! We are happy to help!



# About us!

## WELCOME TO DANCE EXPRESS

Join us for one of our many classes specializing in jazz, tap, ballet, lyrical, hip hop, musical theater, and tumbling. We have just the right class for the beginner to the advanced in our convenient, spacious location. Classes are held Monday through Saturday from September through May. The May recital is a showcase for all dancers! Summer time is filled with fun camps, technique classes and great workshop opportunities.

### DANCE EXPRESS MISSION STATEMENT

"A Commitment to Excellence"

In dance training, we believe it all begins with learning technique first, dance "tricks" later. We approach dance as a healthy, fun activity for the children in whom we specialize. What we hope to have built in each student who graduates from our program is a strong character, a deep sense of commitment and loyalty, a high self-esteem, a self-disciplined mind and body and the firm knowledge that excellence is not being the best, but doing your best. To these ends we commit our teaching and training endeavors.

### DANCE SHOULD BE EDUCATIONAL AS WELL AS RECREATIONAL!

Our instructors specialize in dance and CARE about you and your child! You have found your dance home at Dance Express. We know you will love our friendly atmosphere, enjoy our facility, and find that we provide the most comprehensive dance program in the area.





# DXP

DANCE EXPRESS

## SEE YOU AT THE STUDIO!





## Special Needs & Adaptive Dance [REGISTER HERE!](#)

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Darby's Dancers (K-12)	Jazz	Sat 9:30 am	30 min
Everybody Dance Now-Adult	Jazz/Hip Hop	Tue 6:30 pm	30 min
Everybody Dance Now-Youth	Jazz, Lyrical, Tap	Times Vary-special Olympics	30 min

## 18 Months - 5 yrs [REGISTER HERE!](#)

Class Name (Ages by Sep. 1)	Class Type	Class Start Time	Length
Wiggle Wednesday	Creative Movement	First Wed of the Month 10:30 am	30 min
Dance with Me! (18 mo & up)	Creative Movement	Mon 4:30 pm	30 min
Baby Take a Bow (2 yrs)	Creative Movement	Wed 4pm / Wed 6pm	30 min
Tutus & Bowties (3 yrs)	Ballet	Mon 3:30pm/ Thr 5pm	30 min
Broadway Babies (3-5 yrs)	Musical Theater	*6 week session (Mon 5:30)	30 min
Mini Sparkle Squad Pom Class!	Pom	*6 week session (Thu 4:30)	30 min
Nutcracker Mini Camp	Ballet	*6 week session (Tue 5:30)	30 min
Tiny Tappers (4 yrs)	Tap	Wed 4:30/ Thu 5:30pm	30 min
Tippy Toes (4 yrs)	Ballet	Wed 5pm/ Thr 6pm or *6 week sessions (Tue 6)	30 min
Hippity Hop (4 yrs)	Hip Hop	Mon 5pm/Wed 4pm	30 min
Tiny Tumblers (3 yrs & up)	Gymnastic	Thu 5:30pm	30 min
Little Monkeys (3-4-5 years old)	Cirque	*6 week session (Thu 5)	30 min

## Kindergarten to 2nd Grade [REGISTER HERE!](#)

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Dancin Kids Ballet (K Gr.)	Ballet	Wed 5pm	30 min
Dancin Kids Tap Kindergarten (K Gr.)	Tap	Mon 6pm/ Wed 3:30 pm	30 min
Dancin Kids Jazz Kindergarten (K Gr.)	Jazz	Mon 6:30 pm/ Wed 4pm	30 min
Dancin Kids Hip-Hop Kindergarten (K Gr.)	Hip-Hop	Wed 4:30 pm	30 min
Dancin Kids Ballet (1-2 Gr.)	Ballet	Wed 5pm	30 min
Dancin Kids Tap 1-2 Grade (1-2 Gr)	Tap	Wed 3:30pm/ Wed 6pm	30 min
Dancin Kids Jazz 1-2 Grade (1-2 Gr)	Jazz	Wed 4pm/ Wed 6:30pm	30 min
Dancin Kids Hip-Hop 1-2 Grade (1-2 Gr)	Hip-Hop	Wed 5:30pm	30 min
Beginning Lyrical (1-4 Gr)	Lyrical	Wed 7 pm	30 min
Musical Theater (K-6 Gr)	Musical Theater	Wed 7 pm	30 min
Mini Sparkle Squad Pom Class!	Pom	*6 week session (Thu 4:30)	30 min
Tiny Tumblers (3 yrs & up)	Gymnastic	Thu 5:30 pm	30 min
Beginning Tumbling	Gymnastic	Tue 4 pm	60 min
Intermediate Tumbling (K-6 Gr)	Gymnastic	Thu. 7 pm	1 hr
Boys Hip-Hop (K-6 Gr)	Hip-Hop	Wed 5:30 pm	30 min
Dance Cirque (6 & up)	Cirque	Thu 6 pm	1 hr

# 2023-24 Classes & Schedule

Sept. 6, 2023 - May 24, 2024

## 3rd to 4th Grade [REGISTER HERE!](#)

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Dancin Kids Hip-Hop 3-4 Grade (3-4 Gr.)	Hip-Hop	Wed 5:30 pm	30 min
Dancin Kids Tap 3-4 Grade (3-4 Gr.)	Tap	Wed 6 pm	30 min
Dancin Kids Jazz 3-4 Grade (3-4 Gr.)	Jazz	Wed 6:30 pm	30 min
Beginning Lyrical (1-4 Gr.)	Lyrical	Wed 7 pm	30 min
Musical Theater (K-6 Gr.)	Musical Theater	Wed 7 pm	30 min
Intermediate Tumbling (K-6 Gr.)	Gymnastic	Thu. 7 pm	1 hr
Advanced Tumbling (4-12 Gr.)	Gymnastic	Fri 6 pm	1 hr
Boys Only Hip-Hop (K-6 Gr.)	Hip-Hop	Wed 5:30 pm	30 min
Dance Cirque (6 & up)	Cirque	Thu 6	1 hr

## 5th Grade & Up [REGISTER HERE!](#)

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Length
Accelerated Rec Hip Hop	Hip-Hop	Thur 6:30 pm	30 min
Accelerated Rec Jazz/Lyrical	Jazz/Lyrical	Thur 7pm	1 hr
Dance Cirque (by level)	Cirque	Thu 6 pm	1 hr

## Adult Classes [REGISTER HERE!](#)

Class Name	Class Type	Class Start Time	Length
Adult Hip Hop & Jazz	Hip-Hop/Jazz	*6 week session (Wed 7-8)	1 hr
Adult Tap	Tap	*6 week session (Wed 8-8:30)	30 min
Yoga	Yoga	Mon/Wed 8:30-9:30 am	1 hr

## \*Six week Session Dates

### [REGISTER HERE!](#)

Class Name (Grades by Sep. 1)	Class Type	Class Start Time	Class Time
Broadway Babies (3-5 yrs)	Musical Theater	Oct 23, 30, Nov 6, 13, 20, 27	Mon 5:30
Mini Sparkle Squad Pom Class!	Pom	Oct 26, Nov 2, 9, 16, 30, Dec 7	Thu 4:30
Tippy Toes (4 yrs)	Ballet	Oct 24, Nov 7, 14, 21, 28	Tue 6
Little Monkeys (3-4-5 years old)	Cirque	Oct 26, Nov 2, 9, 16, 30 Dec 7	Thu 5
Nutcracker Mini Camp	Ballet	Oct 24, Nov 7, 14, 21, 28	Tue 5:30
Adult Hip Hop & Jazz	Hip-Hop/Jazz	Oct 25, Nov 1, 8, 15, 29 Dec 7	Wed 7-8
Adult Tap	Tap	Oct 25, Nov 1, 8, 15, 29 Dec 7	Wed 8



# 2023-24 Classes & Schedule

Sept. 6, 2023 - May 24, 2024

## Graded Ballet & Pointe Classes [REGISTER HERE!](#)

Level	Grade	Class Start Time	Length	Placement
Dancin Kids Ballet	K Gr.	Wed 5 pm	30 min	Non-Production Ballet Class
Dancin Kids Ballet	1-2 Gr.	Wed 5 pm	30 min	
Building Ballet*	K & up	Sat 9 am	1 hr	These are Graded Ballet Classes.* Be a part of Ballet Production. Levels are loosely based on grades, but most importantly, skill. The instructor will determine the placement.
Ballet Level 1*	By invite	Sat 11 am		
Ballet Level 2*	By invite	Thu 4 pm		
Ballet Level 3*	By invite	Thu 5 pm	1.5 hr	
Ballet Level 4*	By invite	Thu 7:15 pm		
PBT	By invite	Wed 4:30 pm	1 hr	
Pre-Pointe	By invite	Wed.3:45 pm	45 min	The class is designed for students who have trained ballet previously.
Pointe	By invite	Thu 8:45 pm	45 min	

\*All Graded Ballet classes will be a part of our BALLET PRODUCTION which is featured in all our Spring Recitals.

## Graded Technique [REGISTER HERE!](#)

Level	Grade	Class Start Time	Length	Placement
Level 1	K-2 Gr.	Sat 10 am	1 hr	These are Graded Classes. Levels are loosely based on grades, but most importantly, skill. The instructor will determine the placement.
Level 2	3-5 Gr.	Sat 12 pm		
Level 3	6-8 Gr.	Sat 11am		
Level 4	9-12 Gr.	Thu 6 pm		

## Gymnastic for Dance [REGISTER HERE!](#)

Class Name (Ages by Sep. 1)	Class Type	Class Start Time	Length
Tiny Tumblers (3 yrs & up)	Gymnastic	Thu. 5:30 pm	30 min
Beginning Tumbling	Gymnastics	Tue. 4 pm	1 hr
Intermediate Tumbling (K-12 Gr.)	Gymnastic	Thu. 7 pm	1 hr
Advanced Tumbling (3-12 Gr.)	Gymnastic	Fri 6 pm	1 hr

## Additional Training [REGISTER HERE!](#)

Additional Ballet Training BB, Ballet 1 & 2	By invite	Wed 6:30pm	1 hr
Advanced Ballet	By invite	Wed 5:30	1 hr
PBT	By invite	Wed 4:30 pm	1 hr
Training Company Tech 1	By invite	Mon 6:30pm	1 hr
Training Company Tech 2	By Invite	Sat 9am	1 hr
Silks & Strength (12 & up)	Aerial Silks	Fri 5pm	1 hr
Strength & Flexibility Conditioning		Fri 4pm	1 hr
Collegiate Prep	By invite	Tue 7:30pm	1 hr