



2021-22 Season

Attention Parents & Dancers: As of now, all restrictions have been lifted for the area regarding the Covid-19 procedures. Dancers are not required, but encouraged to wear a mask if they have not been vaccinated. Our entire staff has been vaccinated. Parents are welcomed to enter the building at this time and drop off/pick up procedures will resume to normal entrances/exits. We will be following the state guidelines very closely and update these procedures if the situation with any variants warrant it.

2020-21 Season

New Drop off/pick up procedures

Hello Dancers & Parents! Below are the drop off/pick up procedures for Dance Express! Thank you for your patience and understanding as we navigate the safest, and most efficient way to get our dancers to and from class. It is important that dancers do not come “early” to class.

- **Prompt drop off and pick up are the key to the success of our new covid policies.**

ALL DANCERS: Please remain in the vehicle until you see your “entrance door” open and the teacher there to greet you. With the colder weather approaching, if parents need to “drop and run”, consider consulting a classmate to see if he/she could wait in a classmate's car for their classroom door to open.

PARENTS: We are still asking that parents refrain from hanging out in the lobby/store unless an appointment is made. We want you informed and up to date, however, with unexpected guests in our lobby, it throws off the rhythm and flow of our class procedures. Donna is happy to assist you and will happily meet with you (sometimes it can even be immediately, just call 507-625-3865 or [CLICK HERE](#) to book an appointment).

PRESCHOOL PARENTS: Please escort your child into the lobby, help them change into their first class shoe, remove jackets, boots, mittens etc. Then please meet your child in the lobby after class to help them get “re-dressed” in their jackets etc. It would be easiest and less time consuming to have them only take their “dance bag” into class with them whenever possible. Note: **We do ask that parents not “wait in the building” during the class, to allow for less traffic flow.**

DANCERS IN BETWEEN classes. For those dancers that are “waiting” in between classes, you are welcome to wait quietly in the lobby of either building, providing you're quiet, wearing a mask, and clean up after yourself. If you are connecting from one location to another, please use the front “doorbell” for someone to let you in. Be sure to explain that you are not “early” but rather, waiting in between.

STUDIO A: Dancers will Enter & Exit through the SIDE DOOR, towards the back of the building.

STUDIO B: Dancers will Enter & Exit through the STORE (side) Entrance.

STUDIO C: Dancers will Enter & Exit through the LOBBY (main) Entrance.

STUDIO D/E: Dancers will Enter through the Main Door and proceed to their appropriate room.

Do NOT enter the building until your class time. Your teacher will greet you at the door and welcome you in. (Studio D/E may enter the main building on their own, providing they are not too early for class)

You can to sign the [RELEASE FORM HERE](#)

Procedures & Protocols updated in response to COVID-19

The following have been developed in order to resume business as directed by the CDC and the Minnesota Department of Health. Any considerations to move towards face-to-face service is being done with the utmost care and consultation of our local leaders and authorities.

During any/all phases, all classes will be RECORDED and LIVE STREAMED via ZOOM links, so all dancers can still participate, no matter what the circumstances. Participants that have been exposed or have shown covid-19 symptoms should stay home. If a participant has had a fever within 72 hours, they are required to stay home.

NOTE: If you think you have been exposed to Covid-19, have any of these symptoms, or if you have traveled outside the country in the last 14 days, please do not enter the building.

- Fever 100.4 degrees or higher or feeling feverish
- Chills
- A new cough
- Shortness of breath
- A new sore throat
- New muscle aches
- New headache
- New loss of smell or taste

Phase 1: The studio will reopen for instructors, solos, duets & trios to teach classes from our studio

- STAFF will be trained for preparedness of PHASE 1, 2 & 3.
- 1-5 people per classroom
- Instructors will check in at the door to fill out the questionnaire each day.
 - o Temperature will be taken and recorded (pass/fail)
 - o Questions will be asked and recorded (if YES)
 - o All who enter must use sanitizing spray before entering classrooms

o Disinfecting and cleaning to be done in between classes (on surfaces that were touched) and each night and with more levels of detail to all surfaces.

Phase 2: The studio will open to instructors and small groups as given by the guideline of the CDC and social distancing. Classes will be staggered for each studio so there is not a “bottleneck” of students entering the building at one time. Teachers will greet the dancers at the entrance of their classroom (side entrances will be utilized, to avoid gathering in the LOBBY) Teachers will allow for time after dismissal to clean, disinfect and prepare for the next class to begin. Water fountains will be closed. Water bottles will be expected to be brought to class, and thrown out if left behind.

- Only dancers and instructors will be in the facility
 - All those coming through the doors will be stopped by the entrance to be asked questions each day.
 - Have you been in contact with anyone infected with covid-19 recently
 - Have you had a fever within the past 48 hours
 - Temperature taken and recorded (pass/fail)
 - All who enter must use sanitize or wash hands and arms before entering classrooms
 - Anyone not saying “NO” to questions, or having a temperature over 99.4 will be sent home. Parents will be called and children will not be permitted into the facility.
 - Disinfecting and cleaning to be done each night and with more levels of details to all surfaces.

Phase 3: The studio reopens for all groups while continuing the social distancing of students.

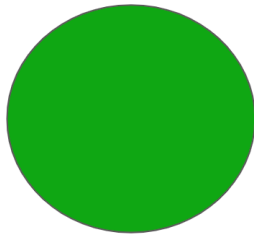
- Students who have compromised immune systems will continue to practice via virtual and or have the option to wear protective wear.
- Dancers ONLY in the building for all team and older age dancers allowed.
- Recreational dancers of a younger age will be asked to have only 1 person in per student, or if comfortable, will be escorted in by teachers and/or assistant teachers. It is preferred that any parents wait in their vehicle while waiting for classes to proceed.
- All those coming through the doors will be stopped by the entrance ask questionnaire each day.
 - Temperature taken and recorded
 - Questions asked and recorded
 - All who enter must sanitize or wash hands before entering classrooms
 - Disinfecting and cleaning to be done each night and with more levels of details to all surfaces.

Phase 4: Business resumes as usual, no restrictions in place.

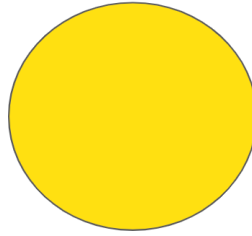
Emergency Communication

Effective immediately, we will be establishing a family emergency communication so that at all times there will be a colored background in the header of our [TEAM APP](#) indicating to families what the status of classes is for the day. If it's green it means that classes are happening as usual. If yellow, it means we are proceeding with some kind of changes, so please check your announcements/email for further instructions. Red means stop, stay home and learn online.

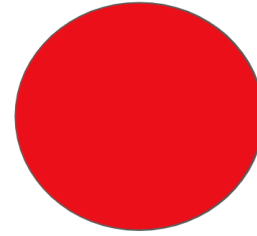
Summer/Fall



GO:
Classes as
usual



CAUTION:
Proceed with
changes



STOP:
Stay home and
learn online

For face to face (in studio) learning a release form will need to be on file. The wording of this release form is as follows:

. I desire that my child participate in performing arts education with Dance Express, and that as a result he or she may come in contact with other children and/or adults in which there is a possibility that he or she may come in contact with a communicable disease. I understand that the above referenced organizations will attempt to protect my child as best as possible but acknowledging eliminating all potential contact with others is impossible. I fully understand and accept the risk of such contact to my child and hereby release said Dance Express, its employees, officers and/or agents and, its employees, officers and/or agents from any and all liability, known and unknown as a result of his or her participation in performing arts education on and activities with Dance Express. This release will stay in full force and effect for as long as my child participates in the activities provided by the aforementioned organization or I expressly revoke this release in writing to their addresses below.

We are now into the 2020-21 season. This year (2020-21) has been an unprecedented year due to the restrictions of the Covid-19 pandemic. As we move forward, there may be times that we are forced to return to online learning format. There may be other times where dancers will need to rotate from "face to face" learning, with "online" learning to allow for more students to learn choreography and to be considered for a "large group" or "line" (over 10 dancers). Dance Express will do their best to avoid this from happening, there may be times when this is necessary. Please note: Dance

Express will always do their part in complying with government guidelines & restrictions due to the Covid-19 pandemic.

MASKS

After careful consideration, we have added some options and amendments to our mask wearing policy. Please note that there are many gray areas when it comes to when/where/why to wear a mask. The State of MN is still under a mask mandate. We are carefully following the CDC/State of MN guidelines. The safety of our staff & dancers continues to be our number 1 concern.

We do ask that all dancers over the age of 5 in a group setting (4 or more) wear a mask during, between and after class. Teachers have been wearing masks and will continue to do so at all times. Exceptions to this rule:

- 1) A medical condition (such as asthma, or conditions making the participant light headed or difficulty of breathing).
- 2) Tumbling classes, or practicing tumbling in a routine.
- 3) A high intensity class. (A class where there is heavy breathing, accelerated heart rates, etc)

You can to sign the [RELEASE FORM HERE](#)

Hello Dance Express Parents & Dancers,

As a reminder, despite district 77 schools moving to a distant learning model, we will continue to follow the state guidelines when it comes to our covid policy. At this time we will remain a hybrid learning model. All Recreational & Team Dancers are welcome to join in person or via zoom. Please don't feel obligated to join in person if you are having any reservations at all. Our Staff is taking extra measures to make sure they are tuned in to the zoom links, as well as maintaining a socially distanced classroom to be sure all students will get a quality, safe lesson. [zoom links](https://docs.google.com/document/d/1Wk9_xmK_5GbOMxtNFKwYr6fhuJzqWXvujOjsQAFFlo0/edit?usp=sharing)

We do ask that Parents remind & discuss with your dancer the importance of staying 6 feet apart, wearing masks and to stay home when sick. In addition, please meet younger dancers at the drop off/pick up door (instead of encouraging them to run out into the parking lot to find you). With the shorter daylight, it's very hard to see the little ones!

